

## Stress Management: A Case Study of Fertilizer Companies

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### ABSTRACT

*In this work, the analysis has been done on stress management of employees of Fertilizer Companies (i.e. Coromandel Fertilizers Limited, Nagarjuna Fertilizers and Chemicals, KPR Agrochem Limited) in East Godavari district of Andhra Pradesh. A sample of 300 was taken for this study and analysis was made from primary and secondary data. Out of the 300 samples, most of the respondents were male and age of 30 years and above. Most of the respondents were undergraduates and have a professional qualification. Most of the respondents had 10-15 years of long association with the organisation. Almost all the respondents were satisfied with the physical and psychological working condition of the organisation and only fewer respondents were dissatisfied with the psychological working condition of the organisation. The opinion about the motivational training programmes conducted by the organisation was almost better, according to the majority of the respondents.*

**KEYWORDS:** Stress management, Working conditions, Training programmes.

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